TAMA COUNTY | District 1



Randy Upah (Incumbent) | Unopposed

Randy Upah lives three miles west of Chelsea in Richland Township, Tama County, where he has resided for 41 years.

Randy and his wife, Julie, who is a florist and owner of the Country Flower Shop, have three children: Amber, of Tama, who is a ACF Certified Chef de Cuisine at Grinnell College; Katie, of Victor, who farms with her husband; and Tanner, of Chelsea, who does carpentry work and owns Tanner Upah Construction.

Randy has owned and operated Randy Upah Construction for 18 years. He and his wife have been REC members for 41 years.

Randy has been a Chelsea fireman for 22 years, a previous board member of the Chelsea Community Center and served as a trustee for Richland Township for five terms.

In his leisure time, Randy likes to hunt in the winter and fish in the summer. He does woodworking all year round and enjoys hanging out with his five grandchildren.

IOWA COUNTY | District 3



James De Smet (Incumbent) | Unopposed

James De Smet lives three miles northeast of Victor in Honey Creek Township, lowa County, where with the exception of five years, he has resided on the family farm his entire life.

James and his wife, Susan, who is a Surgical Oncology Nurse at Mercy Medical Center in Cedar Rapids, have three children: Chris, of Center Point, who is a salesman for ABC Supply in Cedar Rapids; Bill, of Williamsburg, who is a Production Manager at Bayer; and Jenny, who is a high school Science teacher at Blair High School in Blair, Nebraska.

The De Smet's farm 600 acres which consists of corn, soybeans and hay. They also have a small herd of stock cows and previously had a dairy herd for 40 years. They have been REC members for 44 years.

James is a member of the St. Bridget's Catholic Church. He has been an active member of the Victor American Legion and served on the Iowa County Board of Review.

In his leisure time, James enjoys golfing, fishing, playing cards and just having good times with his family and friends.